

KENYA MEDICAL TRAINING COLLEGE, NAIROBI  
FACULTY OF REHABILITATIVE SCIENCES  
DEPARTMENT OF OCCUPATIONAL THERAPY



Our Vision:

To be a center of excellence in the training and development of competent Occupational therapy professionals

Our Mission Statement

We are committed to the training of competent Occupational therapy professionals who will provide quality, affordable and accessible services to all.

## Background Information

Practice of Occupational Therapy can be traced back as earlier as 2000 BC in Africa. However, it was not until 1953 when formal practice of Occupational Therapy started in Kenya. In 1946 the Rhodesia battalion Hospital (King George Hospital) was handed over to the Kenyan Government. The hospital mainly catered for surgical patients at an extension of the hospital Native Civil Hospital that is the present day Kenya Medical Training College. The patients attended to in this extension were mainly the soldiers who were injured in the 2<sup>nd</sup> world war. Most of the patients were bed ridden, thus required a lot of attention. To cope with this increased demand for attention, the colonial government created a cadre of medical staff called message workers. The massage workers had no basic training but recruitment depended on special competence and theoretical insights towards caring for disabled. The 1950s saw the abolition of the massage workers cadre. This gave rise to Occupational and Physical Therapy careers that had basic training in caring for the disabled. Formal Occupational Therapy training started in 1967 in Kenya Medical Training College. Six (6) students were admitted and graduated in 1970. At present there are about 155 students in the program.

## Current Training Programs offered in the Department.

Currently the department offers the following courses:

### Basic Diploma (Pre-Service)

- Diploma in Occupational Therapy

#### ***Mode of Delivery***

- Fulltime course and in three (3) modules

#### ***Duration***

- Three (3) years

#### ***Minimum Entry requirements***

KCSE Minimum aggregate C (plain) with the following specific requirements:

- C in English or Kiswahili and Biology or Biological Sciences,
- C- in any two (2) of the following; physics, physical Sciences, Chemistry, Mathematics, Agriculture, Home Science.

- Any Qualification considered equivalent by the KMTC Academic board

### Post Basic Course

- Higher Diploma in Sensory Integration

#### ***Mode of Delivery***

- Work based course and in Four (4) modules

#### ***Duration***

- 18 months

#### ***Minimum Entry Requirements***

Holder of Diploma in Occupational Therapy from the KMTC or any other recognized training institution.

**Nb:** Applicant must demonstrate capacity for self directed learning (SDL). The program is work based with few conduct hours of training with their lecturers at the school.

### Training Venues

All the Two (2) programs are coordinated at Kenya Medical Training College - Nairobi Campus.

### Future plans for the Department.

Since the KMTC is gearing itself to offer degree courses in our College, the department is striving to move forward to upgrading her program to a Bachelor of Science (Bsc) Degree in Occupational therapy (degree conversion) or fresh admission to a degree in Occupational Therapy. This can be achieved either by;

- Expanding our basic program to other constituent colleges.
- Starting a Bsc in Occupational Therapy Course (*Full time*).
- A Degree conversion program for diploma holders to a Bsc in Occupational Therapy with a local university .(*Part time*)
- Masters in Occupational Therapy with a local University.
- Phd with a local University

## Job Opportunities

Occupational Therapists/graduates from our college are trained to address issues that affect occupational performance of tasks. Job opportunities are readily available in the local and global market. Their services are consumed in the following areas among others;

- Health facilities
- Work places
- Industries
- Rehabilitation centers
- Vocational rehabilitation centers
- Correctional centers e.g. prisons
- Architectural institutions
- Home based care
- Home for the elderly
- Hospices
- Community centers
- Special needs Children's home
- Special schools
- Assessment Centers for School placement

For further information contact:

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